

January

Monday	Tuesday	Wednesday	Thursday	Friday
2 AM- applesauce/graham crackers PM- mac-n-cheese/peas	3 AM- oatmeal/blueberries PM- veggie straws/string cheese	4 AM- chex/bananas PM- goldfish/bell peppers	5 AM- cinnamon toast/melon PM- taquitos/corn	6 AM- waffles/grapes PM- ritz crackers/sliced cheese
9 AM- blueberry muffins PM- pretzels/veggies	10 AM- bagels w/cream cheese/peaches PM- grilled cheese/corn	11 AM- pancakes/mangos PM-chicken noodle soup/wheat thins	12 AM- applesauce/rice cakes PM- chicken nuggets/green beans	13 AM- cottage cheese/pears PM- hummus/pita
16 NO SCHOOL	17 applesauce/english muffins PM- sweet potatoes/crackers	18 AM- cinnamon toast/grapes PM- mac-n-cheese/peas	19 AM- oatmeal/blueberries PM- wheat thins/cheese cubes	20 AM- kix/raisins PM- cheese pizza
23 AM- breakfast bars/oranges PM- pasta & red sauce/corn	24 AM- blueberry muffins PM- hummus/pita	25 AM- yogurt/ graham crackers PM- sunbutter & jelly sandwiches	26 AM- bagels & cream cheese/bananas PM- chicken nuggets/green beans	27 AM- applesauce/rice cakes PM- quesadillas/olives
30 AM- oatmeal/mixed fruit PM- ritz crackers/string cheese	31 AM- blueberry muffins PM- veggies/ranch			

**PLEASE REMEMBER TO PUT ICE PACKS IN LUNCH BOXES SO FOOD STAYS COOL AND DOESN'T SPOIL
 MILK AND WATER WILL BE SERVED AT ALL MEAL TIMES**