

# October

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3 AM-</b> applesauce/graham crackers  PM- pasta w/red sauce/corn	<b>4 AM-</b> bagels w/cream cheese/pears  PM- crackers/sliced cheese	<b>5 AM-</b> cereal/bananas  PM- rice/green beans	<b>6 AM-</b> waffles/mixed berries  PM- pretzels/apples/sunbutter	<b>7</b>  <b>No School</b>
<b>10 AM-</b> breakfast bars/melon  PM- tomato soup/pirates booty	<b>11 AM-</b> toast w/jelly/peaches  PM- cheese sticks/crackers	<b>12 AM-</b> oatmeal/blueberries  PM- veggies w/ranch/pretzels	<b>13 AM-</b> yogurt/rice cakes  PM- mac-n-cheese/peas	<b>14 AM-</b> pancakes/mangos  PM- chicken nuggets/corn
<b>17 AM-</b> cottage cheese/peaches  PM- sunbutter/jelly sandwiches	<b>18 AM-</b> cereal/raisins  PM- pasta w/red sauce/corn	<b>19 AM-</b> waffles/mixed berries  PM- pepperoni/sliced cheese/crackers	<b>20 AM-</b> applesauce/graham crackers  PM- tomato soup/goldfish	<b>21 AM-</b> blueberry muffins  PM- pretzels/cheese sticks
<b>24 AM-</b> applesauce/graham crackers  PM- rice/green beans	<b>25 AM-</b> cinnamon toast/oranges  PM- mac-n-cheese/peas	<b>26 AM-</b> yogurt/graham crackers  PM- Pirates booty/grapes	<b>27 AM-</b> oatmeal/blueberries  PM- cheese quesadilla/olives	<b>28 AM-</b> pancakes/mangos  PM- cheese pizza
<b>31 AM-</b> cereal/raisins  PM-sliced cheese/crackers				

**PLEASE REMEMBER TO PUT ICE PACKS IN LUNCH BOXES SO FOOD STAY COOL AND DOESN'T SPOIL.**

**MILK AND WATER WILL BE SERVED AT ALL MEAL TIME**