

# JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>NO SCHOOL</b>
<b>4</b> AM- pretzels/apples PM- rice cakes/melon	<b>5</b> AM- mini pancakes/ bananas PM- veggies w/ranch	<b>6</b> AM- yogurt/granola PM- turkey/cheese	<b>7</b> AM- chex/ raisins PM- hummus/bell peppers	<b>8</b> AM- muffin/ peaches PM- mac-n-cheese/peas
<b>11</b> AM- applesauce/graham crackers PM- pb&j sandwich/ chocolate milk	<b>12</b> AM- breakfast bars/ oranges PM- trail mix/ pineapple	<b>13</b> AM- peaches/ cinnamon toast PM- grilled cheese w/ tomato soup	<b>14</b> AM- bagel w/ cream cheese PM- cheese sticks/ pretzels	<b>15</b> AM- melon/ rice cakes PM- hummus/veggies
<b>18</b> <b>NO SCHOOL</b>	<b>19</b> AM- oatmeal/ blueberries PM- crackers/cheese	<b>20</b> AM- kix cereal/fruit PM- celery w/ peanut butter	<b>21</b> AM- mini pancakes/ blueberries PM- crackers/ bell peppers	<b>22</b> AM- chex cereal PM- turkey/cheese
<b>25</b> AM- peaches/ cinnamon toast PM- pb&j sandwich	<b>26</b> AM- french toast sticks/fruit PM- turkey/cheese	<b>27</b> AM- bagels w/cream cheese/fruit PM- triscuits/ broccoli/cheese	<b>28</b> AM- pretzels/apples/ peanut butter PM- cheese quesadilla/ veggies	<b>29</b> AM- mini pancakes/ bananas PM- veggies & ranch

**PLEASE REMEMBER TO PUT ICE PACKS IN LUNCH BOXES SO FOOD STAYS COOL AND DOESN'T SPOIL.**

**MILK AND WATER WILL BE SERVED AT ALL MEAL TIMES**