



July



Monday	Tuesday	Wednesday	Thursday	Friday
1 AM: CEREAL/ RAISINS PM: CRACKERS/ CHEESE/ TURKEY	2 AM: YOGURT/ GRAHAM CRACKERS PM: PIZZA/ OLIVES	3 AM: MUFFINS/ APPLES PM: PB & JELLY SANDWICHES	4 NO SCHOOL	5 NO SCHOOL
8 AM: SMOOTHIES/ CEREAL BARS PM: TRAIL MIX / CARROTS	9 AM: STRAWBERRIES/ RICE CAKES PM: ANTS ON A LOG/ GRAHAM CRACKERS	10 AM: APPLES/ PEANUT BUTTER TOAST PM: BROCCOLI/ CHEESE NIPS	11 AM: MALT O MEAL/ RASPBERRIES PM: TRISCUITS/ VEGGIES/ RANCH DIP	12 AM: GRANOLA BARS/ CHEESE STICKS PM: PASTA W/ CHEESE/ PEAS
15 AM: COTTAGE CHEESE/ PEACHES PM: MAC & CHEESE/ PEAS	16 AM: GRAPES/ BREAKFAST BARS PM: BROCCOLI / WHEAT THINS	17 AM: PINEAPPLE/ BAGELS PM: PITA CRACKERS/ HUMMUS/PEPPERS	18 AM: SMOOTHIES/ PRETZELS PM: ENGLISH MUFFIN PIZZAS/ OLIVES	19 OATMEAL/ BLUEBERRIES PM: CHEESE QUESADILLA/ TOMATO
22 AM: YOGURT/ GRANOLA PM: CORN /SPAGHETTI	23 AM: JELLY TOAST/ ORANGES PM: LITTLE SMOKIES/ BAKED BEANS	24 AM: CHEX/BANANA PM: CHEESE STICKS/ WHEAT CRACKERS	25 AM: FRENCH TOAST/ PEARS PM: PASTA W/ CHEESE/ GREEN BEANS	26 AM: PANCAKE/FRUIT PM: PEPPERONI/ PRETZELS
29 AM: SMOOTHIES/ GRANOLA BARS PM: GARLIC BREAD/ CAULIFLOWER IN ALFREDO SAUCE	30 AM: PUMPKIN MUFFINS/ CANTALOUPE PM: BEAN BURRITOS/ TOMATOES	31 AM: MALT O MEAL/ RASPBERRIES PM: TRISCUITS/ VEGGIES/ RANCH DIP	1 AM: ENGLISH MUFFIN/ BANANAS PM: BROCCOLI / WHEAT THINS/ RANCH	2 AM: COTTAGE CHEESE/ PINEAPPLE PM: SHELLS & CHEESE/ PEAS

Milk and water are served during lunch and snack times.