



November



Milk and water will be served at all meal times.

Monday	Tuesday	Wednesday	Thursday	Friday
28 AM- muffins/ oranges PM- grilled cheese/ tomato soup	29 AM- rice cakes/ applesauce PM- french bread pizza/ black olives	30 AM- String cheese/ cereal bars PM- smoothies/ pretzels	31 AM- party snacks PM- party snacks	1 NO SCHOOL Parent/Teacher Conferences
4 AM- malt o meal/blueberries PM- rice/ black beans	5 AM- cereal/ bananas PM- goldfish/ chicken noodle soup	6 AM- scrambled eggs /turkey/ cheese/ spinach PM- cheese/crackers/ turkey	7 AM- yogurt/cantaloupe PM- mini pizza/ corn	8 AM- granola bars/ string cheese PM- mac-n-cheese /peas
11 AM- oatmeal/ raisins PM- hard boiled eggs/ cheese/ crackers	12 AM- cottage cheese/ pineapple PM- spaghetti/green beans	13 AM- pumpkin muffins/ bananas PM- grilled cheese/ tomatoes soup	14 AM- smoothies/ graham crackers PM- wheat crackers/ hummus / peppers	15 AM- yogurt/ granola/ oranges PM- bean and cheese burritos/tomatoes
18 AM- rice cakes/ applesauce PM- pb and jam sandwiches/chocolate milk	19 AM- yogurt/ blueberries PM- cheese/ crackers/ tomatoes	20 AM- bagels w/ cream cheese/ pears PM- smoothies w/greens/ pretzels sticks	21 AM- scrambled eggs /ham/ cheese/ spinach PM- carrot sticks/ ranch/ goldfish crackers	22 AM- apples/ peanut butter / graham crackers PM chicken salad/ shredded carrots /spinach wraps
25 NO SCHOOL Thanksgiving Vacation	26 NO SCHOOL Thanksgiving Vacation	27 NO SCHOOL Thanksgiving Vacation	28 NO SCHOOL Thanksgiving Vacation	29 NO SCHOOL Thanksgiving Vacation

**PLEASE REMEMBER TO PUT ICE PACKS IN LUNCH BOXES SO FOOD STAYS COOL AND DOESN'T SPOIL.
THANK YOU!**