

September

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM- peaches/cottage cheese PM- cheese quesadilla/black olives	2 AM- chex/raisins PM- grapes/cheese sticks	3 AM- apples/bagels w/cream cheese PM- melon/goldfish crackers
6 NO SCHOOL	7 AM- graham crackers/applesauce PM- trail mix/strawberries	8 AM -chex/raisins PM- hummus/pita	9 AM- bagel/fruit PM- wheat thin crackers/cheese	10 AM- breakfast bar/oranges PM- pasta w/red sauce/corn
13 AM- french toast sticks /mixed berries PM- veggies/ranch/ritz crackers	14 AM- cottage cheese /peaches PM- cheese quesadilla/olives	15 AM- blueberry muffins PM- chicken nuggets/cheese	16 AM- fruit/pretzels PM- celery/peanut butter/raisins/apples	17 AM- yogurt/graham crackers PM- trail mix/melon
20 AM- applesauce/ graham crackers PM- chicken nuggets/sliced cheese	21 AM- cinnamon toast/peaches PM-apples/goldfish	22 AM- melon/ rice cakes PM- mac-n-cheese/peas	23 AM- pumpkin muffins PM- hummus/pita	24 AM-smoothies/graham crackers PM- grilled cheese/olives
27 AM-yogurt/granola PM- wheat thins/sliced cheese	28 AM- oatmeal/ blueberries PM- pb&j sandwiches	29 AM- bagels/fruit PM- trail mix/melon	30 AM-pancakes/mixed berries PM- cheese sticks/pretzels	

**PLEASE REMEMBER TO PUT ICE PACKS IN LUNCH BOXES SO FOOD STAY COOL AND DOESN'T SPOIL.
MILK AND WATER WILL BE SERVED AT ALL MEAL TIMES**